10 ways to make your holiday in Ibiza and Formentera more sustainable

1. **PLAN YOUR JOURNEY**
   - Explore **no-fly options** such as **train + ferry**, if practical. Choose accommodation and activities that are **environmentally friendly** and use **energy, water** and other resources **responsibly**. Calculate and **offset** the total CO2 emissions from your trip via [www.ibizasostenible.com/co2-ciudadanos](http://www.ibizasostenible.com/co2-ciudadanos).

2. **GETTING AROUND**
   - Help us **cut pollution** by walking, cycling and using public transport to get around wherever possible. If you need to hire a car, choose an **electric vehicle**. (P.S. You can also check the island's **air quality** using Google Maps' new in-app tool).

3. **SAVE WATER**
   - Ibiza and Formentera suffer from **severe water shortages**. Opt for **short showers** instead of baths and **turn the tap off** when washing up or brushing teeth. If staying in a hotel, **hang up & reuse towels** to avoid generating unnecessary washing.

4. **DITCH THE PLASTIC**
   - Bring a **refillable water bottle** and some **reusable bags** for your shopping. Buy **loose fruit & veg** to cut down on **plastic wrapping**. Request your drinks be served **without a straw**.

5. **MANAGE YOUR WASTE PROPERLY**
   - Please **clean up after yourself!** Always **separate your waste** and deposit it in the **correct recycling containers**.

6. **ATTENTION, SMOKERS!**
   - Don't throw your cigarette butts on the ground and especially don't stub them out in the sand at the beach; they can take **10 years to degrade** and release **harmful toxins** into the environment.

7. **SAFEGUARD OUR BIODIVERSITY**
   - Respect the local environment by ensuring you don't walk over protected areas like sand dunes and taking nothing of the flora and fauna of the islands home except photos. If you see a turtle or its eggs at the beach please **don't touch** them and **call 112** straight away.

8. **PROTECT POSIDONIA**
   - This underwater plant is **not seaweed** but a type of **seagrass**! It absorbs **15 times more CO2** than the Amazon rainforest and keeps our waters crystal clear. Anchoring boats in the meadows is **illegal** and the damage caused by it takes centuries to repair.

9. **CUT THE CHEMICALS**
   - Choose an **eco-friendly sunscreen**; it reduces pollution in the water and is much **friendlier** to our marine life.

10. **RESPECT THE ISLANDS & CHOOSE LOCAL**
    - Educate yourself about the culture and traditions of the islands and always treat its people and customs with respect. **Support the farmers** of Ibiza and Formentera by visiting **markets and farm shops** and discovering some of the **delicious local produce** on offer. More info at [ibizaproduce.org](http://ibizaproduce.org).

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